



Feelings Inventory

How You Are Likely to Feel When You Are Fulfilling Your Vision

Absorbed	Energetic	Merry
Adventurous	Engrossed	Mirthful
Affectionate	Enlivened	Moved
Alert	Enthusiastic	Optimistic
Alive	Excited	Overjoyed
Amazed	Exhilarated	Overwhelmed
Amused	Expansive	Peaceful
Animated	Expectant	Perky
Appreciative	Exultant	Pleasant
Ardent	Fascinated	Pleased
Aroused	Free	Proud
Astonished	Friendly	Quiet
Blissful	Fulfilled	Radiant
Breathless	Glad	Rapturous
Buoyant	Gleeful	Refreshed
Calm	Glorious	Relaxed
Carefree	Glowing	Relieved
Cheerful	Good-humored	Satisfied
Comfortable	Grateful	Secure
Complacent	Gratified	Sensitive
Composed	Happy	Serene
Concerned	Helpful	Spellbound
Confident	Hopeful	Splendid
Contented	Inquisitive	Stimulated
Cool	Inspired	Surprised
Curious	Intense	Tender
Dazzled	Interested	Thankful
Delighted	Intrigued	Thrilled
Eager	Invigorated	Touched
Ebullient	Involved	Tranquil
Ecstatic	Joyous, joyful	Trusting
Effervescent	Jubilant	Upbeat
Elated	Keyed-up	Warm
Enchanted	Loving	Wide-awake
Encouraged	Mellow	Wonderful
		Zestful

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