



## Vision & Goal Setting Worksheet

*If you could wave a realistic magic wand and imagine looking back from December 31, 2006 what would have to have happened for you to be happy with the progress that you have made in the past year? What did you accomplish? What goals did you set and achieve? What made you happy? Follow up on the 5 W's – Who, What, Where, When and Why. Forget HOW! Break your questions into the following categories;*

Category	Realistic Expectation or Action
Family	
Intellectual	
Physical	
Social	
Spiritual	
Travel	
Personal Environment; Auto, Clothing, Home, Technology, Toys	
Business/Career	
Financial	

